



# FEBRUARY

2025

SUN	MON	TUE	WED	THU	FRI	SAT
26 Melanie @10AM Zumba Toning Mindset Reset Event Megan @4PM	27 Lauren @1215PM Burn Xpress Lori @445PM ClubADF Lauren @6PM Hip Hop Yoga Milena @715PM Vixen	28 Lauren @6AM ADF Burn Tiffany @530PM FuseADF Madison @645PM Barless Barre	29 Amber @9AM Zumba Katie @545PM Power Flow Xpress \$7 Birthday Class Tiffany @630PM ClubADF	30 Lauren @9AM ADF Burn Jessica @530PM Zumba Toning Milena @645PM ClubADF	31 Amber @9AM FuseADF Megan @530PM ClubADF	1 Lauren @930AM Hip Hop Yoga Tiffany @11AM ADF Mix
2 Melanie @10AM Zumba Toning Lauren @4PM ADF Burn	3 Tiffany @1215PM Burn Xpress Lori @445PM ClubADF Lauren @6PM Hip Hop Yoga Madison @715PM Barless Barre	4 Lauren @6AM ADF Burn Tiffany @530PM FuseADF Katie @645PM Hip Hop Yoga	5 Amber @9AM Zumba Melanie @545PM Toning Xpress Wine Wednesday Katie & Tiffany @630PM ADF Mix	6 Lauren @9AM ADF Burn Jessica @530PM Zumba Toning Lori @645PM ClubADF	7 Amber @9AM FuseADF Reunion Class Travis, Emily, & Tabitha @630PM	8 Jessica @930AM FuseADF Amber @11AM ClubADF
9 Lauren @10AM Hip Hop Yoga Madison @4PM Barless Barre	10 Tiffany @1215PM Burn Xpress Lori @445PM ClubADF Lauren @6PM Hip Hop Yoga Brandon @715PM \$7 Virtual ClubADF	11 Lauren @6AM ADF Burn Jessica @530PM FuseADF Milena @645PM Vixen	12 Amber @9AM Zumba Madison @545PM Barre Xpress Wine Wednesday Lauren & Madison @630PM Fuse & Yoga	13 Tiffany @9AM ADF Mix Jessica @530PM Zumba Toning Milena @645PM ClubADF	14 Tiffany @9AM FuseADF No PM Class <i>Happy Valentine's Day!</i>	15 Lauren @930AM ADF Burn Katie @11AM Hip Hop Yoga
16 Melanie @10AM FuseADF Lori @4PM Zumba Toning	17 Melanie @1215PM Toning Xpress Lori @445PM ClubADF Lauren @6PM Hip Hop Yoga Madison @715PM Barless Barre	18 Lauren @6AM ADF Burn Tiffany @530PM FuseADF Milena @645PM Vixen	19 Amber @9AM Zumba Lauren @545PM Power Flow Xpress Wine Wednesday Jessica & Melanie @630PM Zumba	20 Tiffany @9AM ADF Mix Jessica @530PM Zumba Toning Milena @645PM ClubADF	21 Amber @9AM FuseADF Lauren @530PM ADF Burn	22 Amber @930AM FuseADF Milena @11AM Vixen
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