



# September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Jessica @10AM Zumba Lauren @4PM Hip Hop Yoga	Labor Day \$5 Community Class Jessica & Melanie @9AM FuseADF	Lauren @6AM ADF Burn Lori @530PM FuseADF Milena @645PM Zumba	Lauren @9AM ADF Burn Lauren @545PM Power Flow Xpress Beyonce Night Megan & Milena @630PM	Jessica @530PM Zumba Toning Lauren @645PM Hip Hop Yoga	Madison @9AM ClubADF Lauren @530PM ADF Burn	Melanie @930AM Zumba Toning Milena @11AM Vixen
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Madison @10AM Barless Barre Lori @4PM ClubADF	Tiffany @445PM ADF Mix Lauren @6PM Hip Hop Yoga Milena @715PM Vixen	Lauren @6AM ADF Burn Jessica @530PM FuseADF Lori @645PM Zumba Toning	Tiffany @9AM Zumba Wine Wednesday Melanie & Jessica @630PM Zumba Toning	Madison @530PM Barless Barre Lauren @645PM ADF Burn	Madison @9AM ClubADF Lauren @530PM Hip Hop Yoga	Gather GVL Event Free Community Class Team ADF @10AM FuseADF
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Jessica @10AM ClubADF Megan @4PM FuseADF	Lauren @445PM Hip Hop Yoga Melanie @6PM Zumba Toning Lori @715PM ClubADF	Lauren @6AM ADF Burn Tiffany @530PM FuseADF Milena @645PM Vixen	Amber @9AM Zumba \$5 Community Class Lauren & Tiffany @630PM ADF Burn	Jessica @530PM Zumba Toning Madison @645PM Barless Barre	Amber @9AM ClubADF Tiffany @530PM ADF Mix	Amber @930AM FuseADF Lauren @11AM Hip Hop Yoga
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Melanie @10AM ClubADF Member Appreciation Event	Lauren @445PM ADF Burn Melanie @6PM Zumba Toning \$5 Virtual Community Class Brandon @715PM FuseADF	Lauren @6AM ADF Burn Tiffany @530PM FuseADF Milena @645PM Vixen	Madison @9AM Barless Barre Wine Wednesday Jessica & Tiffany @630PM ClubADF	Jessica @530PM Zumba Toning Milena @645PM ClubADF	Amber @9AM FuseADF Megan @530PM ClubADF	Tiffany @930AM ADF Mix Melanie @11AM FuseADF
<b>29</b>	<b>30</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Amber @10AM Zumba Lauren @4PM ADF Burn	Lori @445PM ClubADF Milena @6PM Vixen \$5 Virtual Community Class Brandon @715PM ClubADF					