



JANUARY

2025

SUN	MON	TUE	WED	THU	FRI	SAT
29 Amber @10AM FuseADF Megan @4PM ClubADF	30 Katie @445PM Hip Hop Yoga Madison @6PM Barless Barre Lori @715PM ClubADF	31 NYE Class Madison, Tiffany, Jessica @9AM FuseADF	1 NY Day Class Lauren & Katie @1PM Burn & Yoga	2 Tiffany @9AM ADF Mix Jessica @530PM Zumba Toning Lori @645PM ClubADF	3 Madison @9AM FuseADF Lauren @530PM Hip Hop Yoga	4 Jessica @930AM FuseADF Lauren @11AM ADF Burn
5 Melanie @10AM Zumba Toning Madison @4PM ClubADF	6 Melanie @1215PM Toning Xpress Lori @445PM ClubADF Lauren @6PM Hip Hop Yoga Brandon @715PM \$7 Virtual FuseADF	7 Lauren @6AM ADF Burn Tiffany @530PM FuseADF Madison @645PM Barless Barre	8 Tiffany @9AM Zumba Lauren @545PM Burn Xpress Wine Wednesday Melanie & Lauren @630PM Fuse & Yoga	9 Lauren @9AM ADF Burn Jessica @530PM Zumba Toning Milena @645PM ClubADF	10 Amber @9AM FuseADF Tiffany @530PM ADF Mix	11 Amber @930AM ClubADF Milena @11AM Vixen
12 Katie @10AM Hip Hop Yoga Madison @4PM Barless Barre	13 Tiffany @1215PM Burn Xpress Jessica @445PM ClubADF Lauren @6PM Hip Hop Yoga Milena @715PM Vixen	14 Lauren @6AM ADF Burn Tiffany @530PM FuseADF Madison @645PM Barless Barre	15 Amber @9AM Zumba Melanie @545PM Toning Xpress Wine Wednesday Megan & Madison @630PM ClubADF	16 Tiffany @9AM ADF Mix Jessica @530PM Zumba Toning Milena @645PM ClubADF	17 Amber @9AM FuseADF ADF After Dark Event Lori & Katie @715PM	18 Lauren @930AM ADF Burn Lauren @11AM Hip Hop Yoga
19 Amber @10AM FuseADF Lori @4PM Zumba Toning	20 Katie @1215PM Power Flow Xpress Lori @445PM ClubADF Lauren @6PM Hip Hop Yoga Brandon @715PM \$7 Virtual FuseADF	21 Lauren @6AM ADF Burn Tiffany @530PM FuseADF Madison @645PM Barless Barre	22 Amber @9AM Zumba Madison @545PM Barre Xpress Wine Wednesday Tiffany & Lauren @630PM Burn & Yoga	23 Lauren @9AM ADF Burn Jessica @530PM Zumba Toning Milena @645PM ClubADF	24 Madison @9AM FuseADF Jessica @530PM ClubADF	25 Tiffany @930AM ADF Mix Milena @11AM Vixen
26 Melanie @10AM Zumba Toning Mindset Reset Event Megan @4PM	27 Lauren @1215PM Burn Xpress Lori @445PM ClubADF Lauren @6PM Hip Hop Yoga Milena @715PM Vixen	28 Lauren @6AM ADF Burn Tiffany @530PM FuseADF Madison @645PM Barless Barre	29 Amber @9AM Zumba Katie @545PM Power Flow Xpress \$7 Birthday Class Tiffany @630PM ClubADF	30 Lauren @9AM ADF Burn Jessica @530PM Zumba Toning Milena @645PM ClubADF	31 Amber @9AM FuseADF Megan @530PM ClubADF	1